



मानव समुदायको सेवामा हाम्रो सहकार्य, 'Our Cooperation Towards Human Society',



ABOUT US

Solidarity for Development Nepal (SoD Nepal), established in 2012, is a non-governmental organization committed to fostering inclusive growth and sustainable development across Nepal. With a team of professionals experienced in health, education, gender & social development, tourism, and research & development, SoD Nepal works to uplift underprivileged, marginalized, and economically disadvantaged communities, particularly in rural areas. Headquartered in Kathmandu, with branches in several districts, the organization strives to improve quality of life by addressing critical social challenges and creating opportunities for empowerment and progress.

OBJECTIVES

1. To enhance the socio-economic well-being of disadvantaged and marginalized communities.
2. To improve access to quality education, health services, and skill development.
3. To support sustainable livelihoods through agriculture, entrepreneurship, and capacity building.
4. To promote environmental conservation, climate resilience, and disaster risk reduction.

MISSIONS

1. Empower vulnerable communities through participatory and sustainable development programs.
2. Improve access to quality education, healthcare, and livelihood opportunities.
3. Promote gender equality, social inclusion, and community leadership.
4. Strengthen resilience through climate action and partnerships.

VISIONS

1. To build an inclusive, equitable, and prosperous society.
2. To empower communities to achieve sustainable and self-reliant development.
3. To promote social justice, equality, and dignity for marginalized populations.



Gyan Prasad Shrestha
Executive Chairperson

Today, seeing many young people leave the country is concerning. But we must never forget one simple truth: Nepal's only real alternative is Nepal. Our country is full of opportunities, and to explore this we just need proper guidance from a young age. Every person is unique and has special potential. With the right time and space to grow, personal growth leads to community growth, which builds society and eventually strengthens the whole nation.

As the world connects and changes fast, people live in different ways. But our social responsibility remains the same. Not everyone must contribute equally-some give time, some share ideas, and some offer financial support. When we combine these efforts, true social development happens. As it is said, "Working with positive thinking in a group doesn't often fail."

At SoD Nepal, we work across multiple sectors including of education, women's empowerment, agriculture, skill development, health, and the environment. Through initiatives like Career Education Exploration and modern farming, we focus on long-term employment, local resources, and self-reliance, especially for the deprived and marginalized.

I warmly invite everyone to step forward and join us in building a self-reliant and prosperous Nepal.

OUR PROGRAMS



Education



Agriculture



Women Empowerment



Health and Hygiene



Skill Development and Entrepreneurship



Climate Change and Environment Protection



Emergency Relief and Risk Management



Solidarity for Development Nepal (SoD Nepal) runs programs that strengthen communities through education, health, empowerment, and sustainable growth. From supporting schools and providing vocational training to promoting women's leadership and sustainable agriculture, each initiative is designed to uplift marginalized groups and create lasting change. The organization also works on climate action, emergency relief, and financial literacy, ensuring that communities are better prepared for challenges while building pathways to opportunity.

EDUCATION

Establishment of Vocational Institute

Career Exploration Education (Dream Job)

Uniform & Educational materials distribution

ICT Materials Support

School Building Construction

Support in mid-day meal Programs

Educational Awareness Programs

Education has been one of the primary focuses of SoD Nepal since its establishment. The organization works closely with community schools, where students often lack proper facilities and opportunities. In Nepal's broader context, education is still heavily centered on book knowledge, leaving little space for practical skills. To address this, SoD Nepal has introduced vocational courses at the higher secondary level, helping to generate skilled manpower. For primary to mid-level students, programs include uniform distribution, study materials support, and mid-day meal programs. Scholarships are also provided to children who cannot afford basic materials or school fees. Another key initiative is the 'Dream Job' project, which offers career exploration and counseling by first guiding students to understand themselves.

"Education is the foundation of opportunity. By investing in education, we build stronger communities, empower individuals, and create lasting, sustainable change."



'Changing students dreams into reality through technical education'

BALAMBU TECHNICAL INSTITUTE

The Balambu Technical Institute is a technical and vocational training school established by SoD Nepal in partnership with Dream Sharing Foundation (Korea) and Chandragiri Municipality. The institute is fully operational and provides practical, skill-based education to young people. It helps students gain technical skills, improve their employment opportunities, and encourages self-employment and entrepreneurship. Through this initiative, the institute supports local development by preparing skilled workers to meet the needs of the community.

Classes Running at Balambu Technical Institute



Assistant Beautician

Building Electrician



Motorcycle Repair and Maintenance

Mobile Repair and Maintenance



Distribution of equipment sets to students of Mobile Repair and Maintenance Class



Distribution of equipment sets to students of Assistant Beautician Class



Building of Balambu Technical Institute, Chandragiri-12



COMPUTER SOFTWARE & AI COURSE



“Learn computers today,
create opportunities tomorrow.”

The Computer Software and AI Technical Course at Shree Janapriya Secondary School, Pokhara-08 is launched to strengthen vocational education in the IT field. With the establishment of a modern computer laboratory and dedicated classrooms, the program provides higher secondary students with both theoretical learning and hands-on practical training. This program emphasizes skill-oriented learning, fostering digital empowerment and contributing to community growth.



‘Our mission is to equip students with the computer software and AI skills needed to succeed. Together We Learn, Together We Grow.’



CULINARY VOCATIONAL COURSE

The Culinary Vocational Course running at Shree Saraswati Secondary School, Pokhara-33 provides higher secondary students with practical training in cooking, food preparation, and hospitality. Equipped with a modern kitchen laboratory and guided vocational classes, the program blends theory with hands-on practice to build confidence and creativity in the culinary arts.



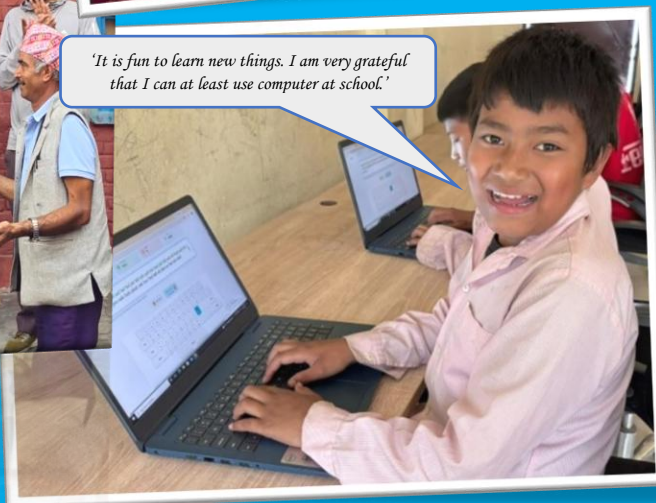
'The scope of the culinary field in Nepal is rapidly expanding, driven by growth in tourism, hotels, and restaurants.'



UNIFORM DISTRIBUTION



Distribution of ICT materials



Mid-day meal Support

SoD Nepal has been actively supporting community schools through its mid-day meal program, ensuring that children from economically disadvantaged backgrounds receive proper nutritious food during school hours. Nutritious meals are a basic right of every child and play a vital role in both physical growth and mental development. Yet, many students in Nepal attend classes on an empty stomach because their families cannot afford adequate food.

By providing mid-day meals we aim to bridge this gap, giving children the energy and focus they need to learn effectively. The program has helped increase regular school attendance among students.



Educational Grant (Scholarship)

SoD Nepal also works to improve access to education by providing Educational Grants (scholarships) to students in need. These scholarships support students by covering the cost of essential educational materials required throughout their academic journey. The program primarily benefits underprivileged students from rural areas of Nepal, helping them overcome financial barriers and continue their education with greater confidence and opportunity.



CAREER EXPLORATION EDUCATION

꿈꾸는 대로 이루 어진다 / 'सपना देखे अनुसार नै पूरा हुन्छ'

In Nepal, the absence of structured career guidance has left many students pursuing education without clear goals or direction. This often results in frustration, unemployment, or migration abroad in search of opportunities. To address this gap, SoD Nepal has introduced a career counseling initiative called 'Dream Job.' This program emphasizes the importance of having aspirations and setting life goals, helping students understand that education must be linked to purpose and opportunity.



'The Dream Job class has turned out to be very effective for me and my friends. I was unsure about how to pursue my career, but now I feel much more confident. After learning about the things, I need to consider, such as understanding myself, my interests, my personality, and my aptitude, I am confident about choosing my career path. I want to become a sportsman in the future.'



This series of sessions helps students understand themselves before they start thinking about career options. Through the 'Know Yourself' exercise, students learn to answer the question, 'Who Am I?' They explore four important areas:

→ My Interest

→ My Aptitude

→ My Personality

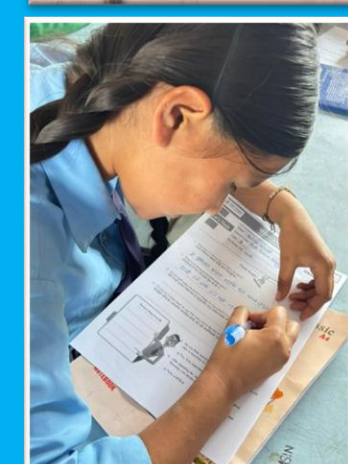
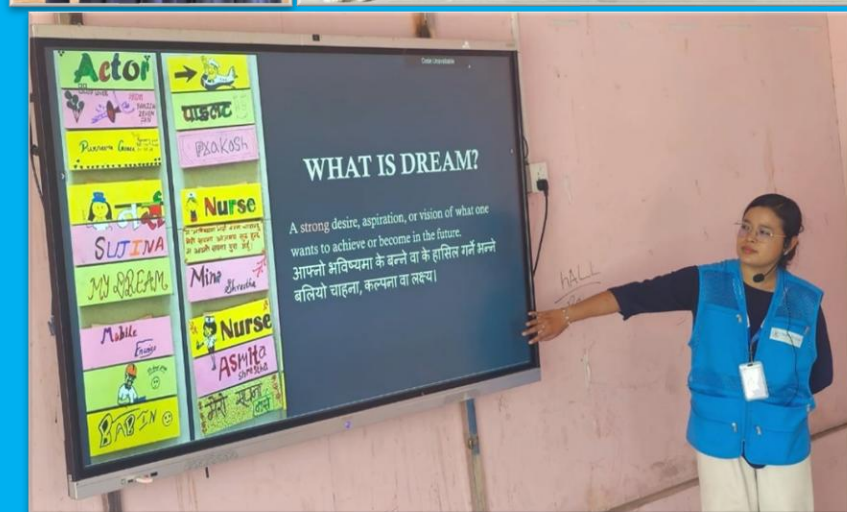
→ My Work Values/Ethics

→ Ways of Achievements





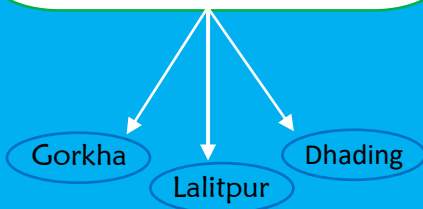
'Dream Job' is a unique Career Education Development Program implemented by SoD Nepal in more than a dozen community schools. The program goes beyond career counseling by helping students discover their interests, understand career pathways, and develop skills for future success. It has received highly positive feedback from students, teachers, and school management committees and continues to expand successfully.



Agriculture

SoD Nepal works in the agriculture sector, with a strong focus on women farmers in semi-urban areas. According to the 2021 Census, 67% of Nepal's population belongs to agricultural households, and farming is their primary source of livelihood. Around 62% of all households are actively engaged in agriculture. Women play a major role in this sector. Of the 57.3% of the workforce engaged in agriculture, 53.6% are women. This highlights the need to equip women farmers with the right knowledge and skills.

Working with women of:



Many women farmers still rely on traditional farming methods, which are often not sustainable. Promoting modern and sustainable agricultural practices is essential to improving productivity and livelihoods.

We address this need by raising awareness and introducing modern agricultural technologies and practices. We also promote a collaborative approach by encouraging women farmers to work together through cooperative models. This approach supports sustainable agricultural growth and strengthens farming communities.



CHHAHARI AGRICULTURE SINGLE WOMEN FIRM

March 2026



Inauguration of the firm was done by Mr. E. Park Tae-Young, Ambassador of Korea to Nepal; Mr. Lee Hyun Jong, Chief of Cheorwon County, Korea; Mr. Chiri Babu Mahajan, Mayor of Lalitpur Metropolitan City and Mr. Gyan Prasad Shrestha, Central Chairperson of SoD Nepal

This project, operating in Lalitpur, is a women's empowerment initiative that supports single women through agriculture-based income-generating activities. The project provides training, resources, and opportunities to help women become financially independent, improve their livelihoods, and actively contribute to their families and communities.



EG AGRICULTURE WOMEN GROUP

The EG Multipurpose Agriculture and Livestock Farm is operating in Thakre Rural Municipality, Dhading, under SoD Nepal's Women Empowerment Program. The project trains and equips women with modern farming techniques and tools while promoting a cooperative approach to agriculture.



"Ever since I joined this group and started working on this farm, I have been enjoying the experience, even though farming is something I have been doing for many years. Working as part of a group provides positive motivation. The training sessions we receive have also been very helpful for all of us."

- Sita Karki



WOMEN EMPOWERMENT



SoD Nepal organizes programs to empower women by building their confidence, raising awareness of their rights, and helping them realize their potential. Through 'Women Empowerment' Program, women from disadvantaged communities learn new skills, explore their interests, and gain knowledge about their rights.

Awareness and Training

- ❖ Women's Leadership Training
- ❖ Agricultural Support
- ❖ Bamboo Craft Production Training
- ❖ Tailoring and Garment Production Training
- ❖ Poultry and Livestock Support
- ❖ Cooperative Development and Management Training



The program also provides women's leadership training to strengthen their confidence and decision-making abilities. We believe that when women are aware of their rights and become economically and socially independent, they can improve their own lives, support their families, and contribute to the development of their communities and society.

Health and Hygiene

Many people in Nepal's remote areas lack access to basic healthcare, health awareness, and quality medical services. Poverty, limited health facilities, and a shortage of specialists further worsen health conditions, especially for rural women. To address these challenges, we organize health camps and awareness programs in collaboration with hospitals and partner organizations.

Health Programs:

- Women's Health Awareness
- Free Eye Camps
- Children's Health Camps
- Menstrual Health Awareness
- Health and Hygiene Awareness



"An empowered woman with skills is not just creating a livelihood—she is creating opportunities for generations."

Skill Development & Entrepreneurship

SoD Nepal's Skill Development and Entrepreneurship Program supports women and rural communities through practical vocational training and local business opportunities. We believe everyone has the potential to become an entrepreneur with the right support and guidance. The program provides training, skills, and support in areas such as agriculture, poultry farming, and animal husbandry. These opportunities help people start or improve their livelihoods, increase their income, and become financially independent.



Climate Change & Environment Protection

Nepal is highly vulnerable to climate change. Many people, especially in rural and semi-urban areas, are unaware of its long-term impacts. Raising awareness is important. People need to understand how to protect the environment.

SoD Nepal works to increase environmental awareness. We organize awareness programs, environmental campaigns, and tree plantation activities. Our main target groups are community school students, indigenous communities, and rural communities.

Programs

- Tree Plantation Campaign
- Waste Management & Segregation Awareness Program
- Plastic-Free Community Campaign
- Climate Change Awareness Workshop



Climate Crisis Awareness Session

"Together, we can change the climate story"



Emergency Relief and Risk Management

Nepal is highly vulnerable to natural disasters such as earthquakes, floods, landslides, and disease outbreaks. During such emergencies, timely relief and health support are essential to protect lives and help affected communities recover.

SoD Nepal works in these sectors by providing emergency relief, essential medicines, and health services to affected communities. Our efforts focus on supporting vulnerable people and helping communities recover during times of crisis.

Major Programs

- Free health check-up camps
- Flood-affected Victim Relief Program
- Earthquake relief package distribution (2015)
- Relief package and medicine distribution during the COVID-19 pandemic (2020-2022)



"Serving Humanity is Our Duty"

Earthquake 2015: Relief Support



Covid-19 Phase-I: Relief Distribution Program



Health equipment support and distribution Programs



Building Construction



SoD Nepal supports communities by constructing essential infrastructure, including school buildings, vocational training centers, and buildings that empower women through livelihood programs.



Construction for vocational class at Shree Janapriya Secondary School, Pokhara-8.



'Multipurpose Community Building' constructed in Gorkha to support women through sustainable income generation.



Construction for vocational class at Shree Saraswati Secondary School, Pokhara-33.



School building rebuilt at Shree Bagh Bhairab Primary School, Gorkha-02, following the 2015 earthquake.

BOARD MEMBERS



Gyan Prasad Shrestha
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Arjun Kumar Poudel
Vice-Chairperson



Sovit Babu Shrestha
General Secretary



Arjun Bhatta
Treasurer



Laxmi Kumari Rai
Board Member



Kabita Shrestha
Board Member



Sita Ram Bayalkoti
Board Member

OUR PARTNERS



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